



What to expect with your Covid-19 Vaccine

Before | During | After



- Make a vaccine appointment online @ **vaccines.gov**.
- Pfizer & Moderna require two shots so make sure you have two appointments scheduled.



- Do you need help with the application or transportation
Call DIAL: The Disability Information and Assistance Line:
888-677-1199



- **The Vaccine is free.**
- You will need to **show your ID**.
- **You do not need** insurance, a driver's license or a social security number.



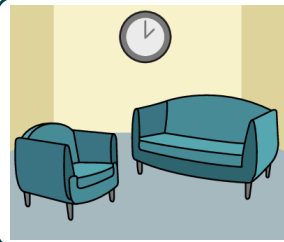
- **Wear a mask** that covers your mouth and nose.
- **Wear a t-shirt**, the shot will be in your upper arm.



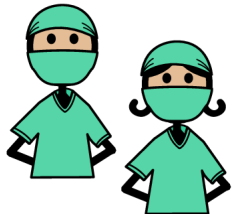
- Learn what will happen during and after the appointment and **plan ahead**: Bring anything that may help ease anxiety like a fidget spinner, squishy, comfort item, preferred video, etc.

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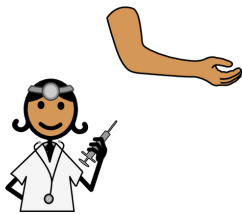
Before | **During** | After



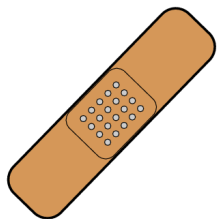
- **Know the clinic rules for arrival** (will you call from the car, wait in the car, wait in the waiting room, etc.)



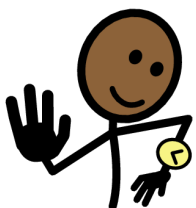
- The nurse will use a cold and wet pad to **clean your arm**.



- Then **the shot will be administered** on your upper arm.



- **You will receive a bandaid.**

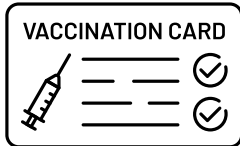


- Before you leave, you will be asked to **wait for 15-20 minutes** for observation.

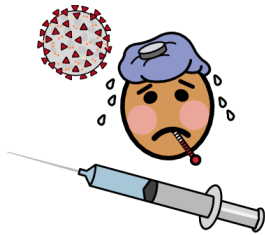


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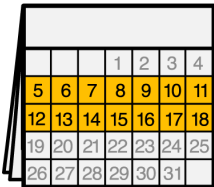
- **You will get a vaccination card** that tells you which COVID-19 vaccine you received, and when and where you received it.
- **Keep it safe!**



- **You may feel** tired, warm, or have pain in your arm.
- **These are normal symptoms** that will go away soon.

CALENDAR		
JAN	FEB	MAR
APR	MAY	JUN
JUL	AUG	SEP
OCT	NOV	DEC

- If you received the Pfizer or Moderna vaccines, the card will remind you to **return for a second dose**.
- **Boosters are available** months after your second vaccine.
- You can **mix and match** these vaccines.



- You will be **fully vaccinated 2 weeks after** your second vaccine.



- Your body is **stronger**, and your community is **safer**.